

Daily Breakfast	Daily
Grain	Choose up to 2: Breakfast Bars (apple or strawberry) - Muffin Tops (Blueberry, Chocolate, or Choc. Chip)
Fruit	Choose up to 2: Raisins, Apple chips - May have 1: 100% Juice Selection (apple or orange)
Milk	May have 1: Milk Selection of 1% or Non-Fat

Carder Koala Power Pack Meals!

Weekly Lunch	Monday	Tuesday	Wednesday	Thursday	Friday
Choose 1	Ham or Turkey with Cheese on Whole Grain Roll or Wrap	Ham or Turkey with Cheese on Whole Grain Roll or Wrap	Ham or Turkey with Cheese on Whole Grain Roll or Wrap	Ham or Turkey with Cheese on Whole Grain Roll or Wrap	Ham or Turkey with Cheese on Whole Grain Roll or Wrap
	Chef Salad Ham/Turkey/Cheese (Bagel offered on side)	Chef Salad Ham/Turkey/Cheese (Bagel offered on side)	Chef Salad Ham/Turkey/Cheese (Bagel offered on side)	Chef Salad Ham/Turkey/Cheese (Bagel offered on side)	Chef Salad Ham/Turkey/Cheese (Bagel offered on side)
	"PBJ" WG Bread, SunButter (peanut free) w/ Jelly	"PBJ" WG Bread, SunButter (peanut free) w/ Jelly	"PBJ" WG Bread, SunButter (peanut free) w/ Jelly	"PBJ" WG Bread, SunButter (peanut free) w/ Jelly	"PBJ" WG Bread, SunButter (peanut free) w/ Jelly
	Make Your Own Pizza Pack - Pizza Crust, Tomato Sauce, Shredded Mozz Cheese (will be offered two vegetables on side)				
	Bagel - Yogurt - Cheese Stick - Packed with assorted Fruit (will be offered two vegetables on side)				
Vegetable in container	Baby Carrots	Cook's Choice	Baby Carrots	Cook's Choice	Cook's Choice
Vegetable additional on side	Cook's Choice	Cook's Choice	Broccoli Florets	Chick Pea Salad	Cook's Choice
Fruit in Container	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit
Milk	Milk Selection of 1% or Non-Fat				

Snacks Available for Sale	Assorted Bagged Chips, Fresh Baked Cookies, Breakfast Bars, Ice Cream
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Cooks Choice Veg.	Assorted Fruit
Green Pepper sticks	Applesauce
Cucumber Slices	Diced Peaches
Baby Carrots	Diced Pears

Pictured at left: Pizza Meal & Salad Meal
 Menu for April 16th - June 2018