

# Safe Use of Playground Equipment at Lindley-Presho School



## **General Playground Safety**

- Keep stones, gravel, and bark chips on the ground.
- Stay a safe distance from kickball, basketball, and other running games when you are not playing in them.
- Follow all Lindley-Presho Laws and general playground safety rules

## **Using the Swings**

- One person may be on the swing at a time.
- Always sit on the swing; do not stand or kneel.
- Hold on tightly with both hands.
- Pump yourself to make the swing go. Do not push others; no "underdogs."
- Swing front and back, not sideways.
- Do not twist, spin, or join up with another swing.
- Stop the swing completely before getting off; no jumping.
- Stay a safe distance from children on swings. Do not run or walk near moving swings.



### **Using the Teeter-totter**

- One child may be on each seat. If you are too light to teeter-totter with a partner, find a different partner or have the heavier partner move closer to the middle of the teeter-totter. Do not add another child to your side of the teeter-totter.
- Always sit facing one another, not turned around.
- Hold on tightly with both hands.
- Do not use your hands to touch the ground or push off.
- Keep your feet to the sides of, not underneath, the teeter-totter.
- Stand back from a teeter-totter when it's in use. Never stand beneath it or try to climb onto it while it's in motion.



### **Using the Big Toy/Spinning Toy**

- When climbing the ladders, take one step at a time and hold onto the handrail.
- When using the "fire-pole," always check that the landing is clear before sliding down.
- Move quickly away from the "fire-pole" after you land.
- Do not run or play tag games on the big toy.
- One child at a time on the spinning toy; take turns.
- Do not sit on the handle bars of the spinning toy.



### Using the Slides

- Never climb up the slide itself to get to the top.
- Slide down feet first and sitting up. Never slide head first on your back or stomach.
- Only one child should be on the slide platform or ladder at a time. Do not slide down in groups.
- Always check that the bottom of the slide is clear before sliding down.
- After going down the slide, get off quickly and step away.
- On hot days, feel the slide with your hand before climbing up to the top. If the slide feels too warm, don't play on it.



### Using the Climbing Equipment (stand-alone or on Big Toy)

Climbing equipment comes in many shapes and sizes, including arches, domes and horizontal ladders, and is generally more challenging for kids than other kinds of playground equipment.

- Use both hands and stay well behind the person in front of you; beware of swinging feet.
- When you drop from the bars, bend your knees and land on both feet.
- Everyone should start on the same side of the equipment and move across it in the same direction.
- Never race across or try to reach for bars that are too far ahead.
- Do not hang from the bars by your knees.
- Do not climb on top of or sit on the bars.
- Do not walk under the bars while there are people using them



### Using the Pavilion

- Keep stones, gravel, and bark chips on the ground.
- Do not stand on seats or tables.
- Do not climb on any part of the pavilion structure.
- Do not write on any part of the pavilion or tables.
- Do not tie anything to the pavilion or tables.
- Do not run through the pavilion.

*Have Fun and Always Play Safe!*